



RE OPENING OF CLUB CHANGING ROOMS

5TH DECEMBER 2020

Following the latest guidance from British Canoeing we are now able to re-open the club changing rooms. However, some strict procedures have been put in place to ensure we are Covid compliant. The main club room and kitchen remains closed. We are looking to reopen the gym soon.

The British Canoeing advice remains, **where possible to arrive and leave in your kit or change outside**. We would like to encourage this as much as possible. But as it is getting cold, and for those who have to travel longer distances, please follow these new rules.

We would remind all members and parents that you follow and comply with this guidance. This has been done to allow us to reopen safely, comply with current laws, to protect you and the other members. Failure to follow these rules will result in the facilities being shut for all immediately. Please look after each other and stay safe.

Face coverings

Whenever in the clubhouse please wear a face covering. Obviously, this can be removed when at the chair in the changing room, when in your paddling kit. Any parents supervising in the hall area must comply to the 2m rule and wear a mask. We would ask people not to congregate in the hallway.

Changing Rooms.

Shoes should not be worn in the changing rooms (outdoor shoes or canoeing shoes). Leave shoes on the red mats in the hall. This will help keep the changing rooms cleaner and will aid with the deep cleaning. Please bring clean flip flops or similar to wear in changing room, if you wish.

The benches in the changing rooms have been removed and replaced with plastic chairs. Please get changed at one of these chairs. Do not move the chairs as they have been spaced to ensure social distancing. Once changed please move your personal items away from the chair and hang on the hooks around the room. **Male Changing Room is limited to a maximum of five people** at any one time, three in the side room two near the showers. **Female changing room is a maximum of three**. Please check before entering to make sure there is space.

The shower facilities are currently not available in the Male & Female changing rooms. In the event you have had a swim and need to warm up please use the shower in the disabled toilet.

Windows have been left open a bit for ventilation. Please do not shut them.

Cleaning requirements by members before and after use

Throughout the club we have cleaning stations. One on the cupboard in the hall and one in each changing rooms. At these stations you will find cleaning wipes, paper towels, cleaning spray, hand sanitiser and a bin to dispose of wipes/towels. In the changing rooms there are also floor mops and cleaning product.

You must use these products to clean contact points before and after you use them (including but not limited to: taps, chair, door handles). To clean switches please use the cleaning wipes and wipe the switch. This includes the key pad for the alarm.

Members responsibility

Parents should make sure that your child (or yourself) have completed the necessary cleaning and that there are no more than the permitted number are in the changing room. This might require a parent from each session to stand outside and control who goes in.

General cleaning.

After each club session, a member of the committee will remove the bin bags and clean contact points on exit of the club house. The contract cleaner will be in every Wednesday, from 9am to 11.30 am to deep clean the club house. At this time the clubhouse is closed.

For latest covid policy and information please visit:

www.staffordandstonecc.co.uk/covid